



Get the gift that
Keeps on Giving

Win 1 of 18 shopping sprees or
a brand new Hyundai Elantra!



SAVE \$10.

Norbest Young
Turkey

159⁹⁹
8-10lbs



SAVE \$5.

Great Foods
Picnic Ham

104⁹⁹
3.3-3.6kg



SAVE \$10.

Great Foods Boneless Picnic Ham

99⁹⁹
2.5kg



SAVE \$10.

Pork Split Spareribs

22⁶⁸ per lb
49.99/kg



SAVE \$10.

New Zealand Lamb Legs Chumps Off

29⁴⁸ per lb
64.99/kg



www.massystorestt.com

DEC. 1ST - 31ST, 2016



Arawak Sunday Roaster Chicken

11³³ per lb
24.99/kg



SAVE \$2.

Great American

102⁹⁹ 4 x 8oz

- Ribeye Steaks
- Strips Steaks
- Striploin Steaks



SAVE \$10.

Pineridge Pork Spareribs Strips 8lbs Box

99⁹⁹ 8lbs



SAVE \$34.

New Zealand Boneless Lamb Shoulder

36²⁸ per lb
79.99/kg



SAVE \$15.

Verdant Valley Seasoned Boneless Garlic Pork Roast

27²¹ per lb
59.99/kg



SAVE \$10.

Verdant Valley Seasoned Boneless Chicken Breast Roast

27²¹ per lb
59.99/kg



SAVE \$10.

French Mutton Rack

40⁸² per lb
89.99/kg



NEW ITEM

Bone In Turkey Breast

17²³ per lb
37.99/kg



NEW ITEM

Verdant Valley Seasoned Boneless Turkey Breast Roast

27²¹ per lb
59.99/kg



SAVE \$10.

Red & Yellow
Bell Sweet Peppers

24⁴⁹ per lb
53.99/kg



SAVE \$8.

Celery Heart

14⁹⁹ per bunch



SAVE \$6.

Gala Apples & Red

3⁴⁹ each



SAVE \$1.50

Idaho Potatoes 5lb

19⁹⁹ per bag



SAVE \$7.

Cabbage

6⁸⁰ per lb
14.99/kg



SAVE \$5.

Gala Apples

1⁹⁹ each



SAVE \$1.

Pears

3⁷⁵ each



SAVE \$1.

Globe Grapes

18¹⁴ per lb
39.99/kg



GREAT DEAL!



Rich's Double Layer
Variety Cake

134⁹⁹
8"

SAVE \$15.



Massy Stores
8" Chocolate Mousse Cake

62⁵⁰
8"



SAVE \$5.

Massy Stores Fruit Cake

39⁹⁹
7"



SAVE \$6.

Massy Stores Black Forest Cake

62⁹⁹
8"



SAVE \$5.

Father's Table Variey Cheese Cake

143⁹⁹
40oz



SAVE \$10.

Massy Stores Red Velvet Cake

24⁹⁹
9"



SAVE \$5.

Kimberley's Celebration Cupcakes

29⁹⁹
11.2oz



SAVE \$3.50

Crystal Farms Ricotta 15oz
27⁴⁹



* Fat Free
* Whole Milk



SAVE \$2.80

* Garlic Jack
* Italian
* Mozzarella
* Pepper Jack

Crystal Farms Shredded Cheese 8oz

32²⁹



SAVE \$4.

Crystal Farms Chunk Cheese 8oz
32⁴⁹

* Pepper Jack
* Mozzarella



SAVE \$3.50

Blue Band Margarine 3x227g

3 for 19⁹⁹



Great Deal!

Emborg Cooking Cream 1lit

68⁴⁹



SAVE \$6.

GFS Garlic Bread Loaf 1lb

19⁴⁹



SAVE \$3.

O' Tasty Pot Stickers 2lb

69⁹⁹



EVERYDAY LOW PRICE

Dujardin Peas, Corn & Peppers 450g

15⁹⁹



SAVE \$5.

Dujardin Broccoli Mix 450g

15⁹⁹



SAVE \$5.

Guapa Frozen Pigeon Peas 2lb

36⁹⁹



SAVE \$3.

Haagen Daz Ice Cream (Asst'd) 1pt

43⁹⁹



Haagen-Dazs

SAVE \$7.

Malta Carib
6pk

31⁹⁹



SAVE \$3.



Malta Carib
Ultra 6pk

31⁹⁹

SAVE \$3.

Caribia Ginger Beer
Can 6x330ml

30⁹⁹



SAVE \$4.

Pepsi Case
Special 24x600ml

72⁹⁹



SAVE \$20.



7UP Case
Special 24x600ml

72⁹⁹



SAVE \$20.



Whiteway's Peadrax
Case Special 24x355ml

99⁹⁹

Great Deal!



Welch's Grape Juice
1.8lit

40⁹⁹



* Purple
* White

SAVE \$8.

Ocean Spray Juices
(Ass't'd) 1.8lit

29⁹⁹

SAVE \$5.



Mott's Apple Juice
from Concentrate
1.8lit

24⁹⁹



SAVE \$5.

Home Maker Orange
Juice (Ass't'd) 59oz

41⁴⁹

SAVE \$7.



Cafe Brasil
Coffee 200g

48⁹⁹



SAVE \$7.

Bon Aroma
Gold Coffee 100g

26⁹⁹

SAVE \$11.50



Cuisine Full Cream
Evaporated Milk 410g

6⁷⁹

GREAT DEAL



Cuisine Whole
Kernel Corn 340g

7⁹⁹

GREAT DEAL



Cuisine Cream
Style Corn 426g

7⁹⁹

GREAT DEAL



Cuisine Green Pigeon
Peas 425g

8⁹⁹

SAVE \$1.



Cuisine Pineapple
Chunks 565g

11⁹⁹

SAVE \$1.



Libby's Fruit Cocktail
in Heavy Syrup 850g

25⁴⁹

SAVE \$6.



Carbonell Stuffed
Olives 210g

19⁴⁹

SAVE \$3.



Carbonell Capers
100g

16⁴⁹

SAVE \$2.



Carbonell Olive Oil
750ml

69⁹⁹

SAVE \$15.50



Habanero Pepper
Sauce 150ml

17⁹⁹

SAVE \$2.50

* Caliente
* Picante



Habanero Scorpion
Pepper Sauce 150ml

29⁴⁹

SAVE \$4.



Matouk's Hot Chow
344g

11⁴⁹



SAVE \$1.50

Prego Sauce
(Asst'd) 666g

26⁹⁹



SAVE \$3.

Swiss Lasagna
454g

9⁹⁹



SAVE \$2.80

Swiss Macaroni
4x400g

18⁹⁹



**BUY 4
SAVE \$3.**

Swiss Dressing
(Asst'd) 473ml

15⁴⁹



SAVE \$2.50

Promasa Yellow Corn
Flour 1kg

18⁴⁹



SAVE \$1.50

Mahatma Basmati
Rice 1kg

26⁹⁹



SAVE \$5.50

Betty Crocker Cake
Mix (Asst'd) 432g

14⁹⁹

SAVE \$5.



Nestle Nesquik
Cereal 330g

21⁴⁹



SAVE \$4.50

Nestle Fitness
Cereal 285g

23⁴⁹



SAVE \$5.50

Maryland Soft Baked
Cookies 180g

24⁶⁹

SAVE \$3.



* Dark Chocolate
* Milk Chocolate

Get **DOUBLE POINTS** on **ALL** items in this catalogue

Nestle Quality Street
Chocolate 480g

104⁹⁹



Great Deal!

SAVE \$4.

Hershey's Kisses
524g

59⁹⁹

SAVE \$10.



Paynes Just Brazils
Chocolates 180g

39⁹⁹

- * Dark Chocolate
- * Milk Chocolate



SAVE \$5.49

Cadbury Snowy
Fingers

13⁴⁹
115g

NEW ITEM



22⁹⁹
228g

Pepperidge Farm
Pirouette 382g

41²⁹

SAVE \$7.



- * Chocolate Fudge
- * French Vanilla

Pringles Xmas 20% FREE
(Ass't'd) 165g

13⁴⁹



SAVE \$2.

- * Cheese
- * Original
- * Sour Cream & Onion

Snyder's Tortilla Chips
White / Yellow 453g

19⁹⁹

Great Deal!



Snyder's Salsa 425g
Medium / Mild

27⁸⁹

America's Best
Cheez Ballz & Curlz

13⁸⁹

SAVE \$2.



Minueto Wafers
(Ass't'd) 115g

3⁹⁹



Great Deal!

Regal Cocktail
Peanuts 500g

19⁹⁹

SAVE \$4.97



Singh's Whole Channa
Pepper 340g

18⁴⁹

SAVE \$2.



Get **DOUBLE POINTS** on **ALL** items in this catalogue

Pasabahce Color Collection
Glassware 6ct (Asst'd)

60⁰⁰

Available in
Turquoise / Lime / Pink

Pasabahce

Great Deal!



SAVE \$20.

Vina Maipo Dulzino
Twin Pack 2x750ml

199⁹⁹



Jose Cuervo 750ml
Gift Box w. 2 Shot Glasses

148⁹⁹

TWO FREE SHOT GLASSES



Jose Cuervo

Jose Cuervo

Jose Cuervo
Margarita Pack

189⁹⁹

Great Deal!



El Dorado Rum 12Yr
w. 2 Glasses Pack

239⁹⁹

Great Deal!



Johnnie Walker
Black Scotch Whisky
750ml

239⁹⁹

SAVE \$20.



Black & White
Scotch Whisky 750ml

139⁹⁹

SAVE \$14.



Ciroc Vodka
(Asst'd) 750ml

319⁹⁹

SAVE \$40.



Absolut Vodka
750ml

159⁹⁹

SAVE \$30.



Angostura 1919
Rum 750ml

224⁹⁹

SAVE \$25.



Angostura White Oak
750ml

82⁹⁹

SAVE \$7.



Fernandes Black Label Rum 750ml

87⁹⁹



SAVE \$7.

Forres Pack Puncheon 750ml

119⁹⁹



SAVE \$10.

Malibu Coconut Rum 750ml

114⁹⁹



SAVE \$17.

Diamond Puncheon 750ml Ponche Creme Pk

119⁹⁹

Great Deal!



FREE EVE CONDENSED MILK & EVAPORATED MILK



Bailey's Original 750ml

199⁹⁹



SAVE \$40.

Cavicchioli 750ml

180⁹⁹



SAVE \$15.

* Proseco
* Moscato Demi Sec

Cascine 7 Prosecco 750ml

219⁹⁹

* Brut
* Extra Dry



SAVE \$16.50

Cascine 7 Moscato Spumante 750ml

199⁹⁹



SAVE \$21.50

Vina Maipo Dulzino Wine (Asst'd) 750ml

99⁹⁹



SAVE \$21.

Yellow Tail Wine (Asst'd) 750ml

122⁹⁹



SAVE \$13.

Xana Non-Alcoholic Sparkling Wine (Asst'd) 750ml

14⁹⁹



SAVE \$2.

Desperado Tequila Beer Red 4pk

39⁹⁹



Great Deal!

Your Massy Stores *Christmas Special* Recipe

USA
Boneless
Chicken Breast

22⁶⁸ Per
Lb
49.99/kg

SAVE \$10.



Spinach and Ricotta-Stuffed Chicken Breasts with Lemony White Wine Sauce

Total Time: 40 min

Prep: 30 min

Cook: 10 min

Ingredients

Stuffing:

1 cup cooked, chopped, and drained fresh spinach

1/2 cup **Crystal Farms Whole Ricotta 15oz Retail \$27.49 Save \$2.80**

1/2 cup **Crystal Farms Shredded Mozzarella 8oz Retail 32.29 Save \$4.00**

4 slices cooked bacon, crumbled

Kosher salt and freshly ground black pepper

1 large egg

Sauce:

1/2 cup **Vina Maipo Sauvignon Blanc Wine Retail \$99.99 Save 21.00**

1/2 cup homemade chicken stock

1 tablespoon Dijon mustard

1 lemon, juiced

Kosher salt and freshly ground black pepper

Chopped parsley leaves, for garnish

Chicken:

2 (8-ounce) **USA boneless, skinless chicken breast halves Retail \$49.99/kg
Save \$10.00/kg**

Kosher salt and freshly ground black pepper

2 tablespoons Cuisine Soyabean Oil

Directions

Make the Stuffing: In a bowl, combine the spinach, ricotta, Crystal Farms Shredded Mozzarella, and bacon and mix well. Season with salt and pepper. Add the egg, mix well, and set aside.

Make the Sauce: Combine the Vina Maipo Sauvignon Blanc wine and stock in a saucepan. Bring to a boil and reduce to a sauce-like consistency. Whisk in the mustard, lemon juice, and season with salt and pepper, to taste. Set aside.

Make the Chicken: Place each chicken breast between 2 doubled-up sheets of plastic wrap, and pound to an even 1/4-inch thickness with a meat-pounder or rolling pin. Divide the stuffing between the breasts, mounding it along the center of each. Fold the bottom edge of each breast over the stuffing, fold in the sides, and roll forward until completely wrapped, to form a tight rolled package. Secure each flap with a toothpick. Season the chicken all over with salt and pepper, to taste.

Heat the oil in a large skillet over medium heat. Add the chicken and cook, turning occasionally, until browned, about 2 minutes per side. Cover the skillet, turn the heat down to low, and cook until just cooked through, about 5 minutes more. Transfer the chicken to a cutting board and let rest for 5 minutes.

Meanwhile, pour the sauce into the skillet over high heat and cook, stirring and scraping the bottom with a wooden spoon.

Slice the chicken into medallions, divide among plates, and spoon some of the sauce over each. Garnish with parsley and serve immediately.

**SAVE BIG WITH OUR
CHRISTMAS RECIPE**

Glade Holiday 2016
Aerosols Assorted

15⁹⁹
8oz



**SAVE
\$1.50**

Glade Holiday 2016
Jar Candles Assorted

31⁹⁹
3.4oz



**SAVE
\$8.**

Duracell AA Coppertop
Batteries 8pk

33⁹⁹
8pk

Buy 6 Get 2 FREE



**SAVE
\$11.50**

Pledge Furniture
Polish Assorted

36⁹⁹
274g



**SAVE
\$24.**

Diamond Aluminum Foil
75ft. with **FREE** 25ft Diamond Foil

31⁹⁹



**GREAT
OFFER**

**Buy this 75ft foil
and GET 25ft FREE**

Hefty EZ Foil
Roaster Pan
Crown Rectangular

19⁹⁹
1ct



**SAVE
\$9.**

Bounty Paper Towels
40Sheet

12⁴⁹
1ct



**SAVE
\$2.**

White Cloud
Bathroom Tissue 400 Shts

49⁹⁹
12pk



**SAVE
\$9.**

Dove Bath Soaps
(Asst'd)

23⁴⁹
2x4oz



**SAVE
\$5.**

Fabuloso
Multi Purpose
Cleaner

35⁹⁹
2ct



**BANDED
OFFER**

Have a **CLEAN BRIGHT** Christmas with our Household Specials

**MASSY
STORES**

HiDee

All Purpose Cleaner Assorted

13⁹⁹
900ml

**SAVE
\$1.50**



Lavender & Sea Breeze

Quix Turbo Diswashing
Liquid (Asst'd) 2pk

21⁹⁹
2X735ml

**SAVE
\$6.50**

**BANDED
OFFER**



Lanher
Oven Cleaner
with Trigger

26⁹⁹
650ml

**SAVE
\$3.**



Lysol
Disinfectant Spray
(Asst'd)

68⁹⁹
538g

**SAVE
\$5.**



Blue Wash Liquid Laundry
Detergent 1.8ml

Regular

33⁹⁹

Plus Bleach
Colour Safe

39⁹⁹

**SAVE
\$3.**

**SAVE
\$3.80**



Clean & White
Bleach

14⁵⁹
1900ml

**SAVE
\$5.**



Cif Cream Surface Cleaner

23⁹⁹
500ml

Regular

**SAVE
\$5.**

with Bleach

**SAVE
\$6.**



Lanher Bright Bowl Liquid
Toilet Bowl Cleaner (Asst'd)

18⁹⁹
800ml

**SAVE
\$4.**



Breeze Multiactive
Powdered Detergent
(Asst'd)

34⁹⁹
1950g

**SAVE
\$10.**



**MASSY
STORES**

Get **DOUBLE POINTS** on ALL items in this catalogue

THE REAL **OMEGA XL**
by Great HealthWorks
60ct
285.

Great Savings

OMEGA XL
A POWERFUL ESSENTIAL FATTY ACID COMBINATION FROM THE PRISTINE WATERS OF NEW ZEALAND
CONTAINS 30 Essential Fatty Acids
Dietary Supplement
60 SOFT GEL CAPSULES

Advil Cold & Sinus
20ct

47⁹⁵

SAVE \$6.



Pharmaton Liquid 100ml
61¹⁵

SAVE \$5.

Pharmaton
kiddi
SYRUP

Nutiva Coconut Oil 14oz
114⁷²

SAVE \$5.

nutiva
coconut oil

Panadol Tablets 16ct

16⁵⁰

SAVE \$3.



Genuine Muscle Milk Protein Powder
Vanilla & Chocolate
299⁹⁹
39.5oz

SAVE \$11.26

MUSCLE MILK
100% MUSCLE PROTEIN POWDER

Bioré Dirty Self Heating 1Minute Mask
4ct
54.

SAVE \$5.

Bioré
dirty self heating 1minute mask

Dirty Deep Pore Charcoal Cleanser
6.77oz
54.

SAVE \$5.

Bioré
dirty deep pore charcoal cleanser

Tums (Ass't'd) 150ct

22⁵⁰

SAVE \$2.



Redoxon Effervescent
1000g

23⁶⁰
12ct

SAVE \$2.



Use your Massy Reward Card and
EARN DOUBLE POINTS
On Wednesdays at Massy Stores Pharmacy
WELLNESS PAY\$

- | | |
|---------------|----------|
| TRINCITY | 609-2021 |
| ST. AUGUSTINE | 662-2273 |
| ST. ANN'S | 621-2273 |
| MARAVAL, MOKA | 609-2301 |
| WESTMOORINGS | 633-2273 |
| MARABELLA | 658-2273 |
| GULF VIEW | 653-8495 |

Pay for your prescriptions and other pharmacy items with your Massy Points.

Remember:

- TTARP members and Massy employees enjoy a 3% discount when they present their Massy Reward Card
- Food Vouchers can be redeemed at our pharmacies





Get the gift that Keeps on Giving

Win 1 of 18 shopping sprees or a brand new Hyundai Elantra!



Our family serving your family.

Now you can redeem your points for any item on our shelves!

Have a very Massy Christmas!



Caribbean Miles members can redeem for miles by emailing info.us@massycard.com or via the Massy Card Representative in store.



Gift Certificates can be used at any Bluegrass outlet. Locations Includes: Long Circular Mall, St James; The Falls at Westmall, Westmoorings; Grand Bazaar, Valsayn; Trincity Mall, Trincity and Gulf City Shopping Complex, La Romain.



Gift Certificates can be used at any one of R.I.K.'s eight outlets. Location include: Queen St, Port of Spain; Long Circular Mall, St James; The Falls at Westmall, Westmoorings; Grand Bazaar, Valsayn; Trincity Mall, Trincity; Gulf City Shopping Complex, La Romain; Price Plaza North, Chaguanas; High St, San Fernando.